



Southern Nomads RUFC

Welcome to a new season of Nomads youth rugby!

This letter should cover most of the information that you will need for the forthcoming season but please feel free to come and ask us if you have any further questions.

Rugby Training Times:

Youth Training (Years 7 - 10)
Saturday 11:30am – 1:00pm at Rushen School

Youth Training (Years 2-6)
Saturday 12:00am – 1:00pm at Rushen School

Kit:

Training: Shorts, t-shirt, rugby shirt/tracksuit top, tracksuit bottoms, rugby boots, woolly hat, waterproofs, gum shield (not needed for Years 2 and 3).

Both schools become the windiest and coldest places in the Isle of Man in winter so lots of layers are essential!

Matches: Gum shield, Rugby boots.

Everyone who is playing in the matches will be issued with a Nomads rugby shirt. Please could you provide your own shorts and socks (white and green if possible). Please bring layers to wear over the kit for any waiting time between matches. If you currently have any kit please could you return it as we need to know exactly what we have.

Gum shields are essential for all children playing contact (Year 4 upwards) at both training and matches.

Fees:

The youth membership fee is £20 for the season. Please could this be paid when your membership form is returned. Cheques should be made payable to Southern Nomads RUFC.

Contact Details:

These are the contact details for the youth coaches. Please contact the relevant coach if you are unable to attend a fixture at short notice.

Dave Parkes	434786	
Casey Davies	228051	
Mark Seed	834987	07990510002
Anthony Long	495143	

Registration:

Please fill out the attached registration form and return it with the photos as soon as possible. The children have to be registered with the RFU via us receiving this form before they can play in any fixtures.

Code of Conduct:

Please read the attached club ethos and code of conduct, which by becoming a member you agree to uphold. This is in place to make sure that the children's experience of rugby is as beneficial and enjoyable as possible.

Fixtures:

Each age group will be playing fixtures every 3 weeks during the season. Please see the attached fixture list for the details and arrive 15 mins before the scheduled start time so that the games can start on time.

If a fixture has to be changed or cancelled we will try and let you know at training. However, if it changes at short notice usually due to bad weather this will be posted on Nomads website www.southernnomads.com and I will issue an e.mail to the address given on the registration form. We will try and give as much notice as possible. Additionally I will endeavour to have notice of any cancellation broadcast on Manx Radio on the Saturday morning.

Photography policy:

There may be occasions during the season where photographs or film will be taken of the players. This will usually be for coaching purposes, to promote the team or pictures for the paper following fixtures.

Please could you return the form below along with the membership agreeing for your child to be photographed during the season. If you have any queries regarding this do not hesitate to contact me.

Nomads adheres to the welfare policies as published by the RFU and can be found on their website www.rfu.com.

Thanks and see you all during the season.

Nomads Youth Coaches.



I agree to _____ being photographed as part of their rugby training and fixtures during the 09/10 season.

Signed _____

Name _____
